



## Adventure Program Natural Break

“The genius and nature made an eternal alliance: what the first promises, the second certainly makes it happen.”

**Nature's modernity and sophistication integrated in the Alentejo plains.**



Herdade da  
Malhadinha Nova  
Alentejo • Portugal



## Day 1

Arrival at Herdade da Malhadinha Nova. Welcome appetizer paired with Antão Vaz da Peceguina, the autochthonous variety of Alentejo.

Safari by Jeep through the property. Get to know the biologic procedures of our viticulture team and enjoy the scenery that Alentejo provides.

Winery tour followed by a wine tasting accompanied by our Winemaking team.

Relaxing Massage for couples – Relax in our Spa with an invigorating treatment for couples.

Dinner at the restaurant – feel the perfect combination between the refinement of our Restaurant and the passion that we put into our Gourmet dishes.

## Day 2



Pedestrian walk through the Estate's tracks. The Guest Experience Team takes to Malhadinha Nova's fields.

Breakfast. On the day's first meal enjoy the traditional Alentejo cuisine paired with diversity.

Yoga session by the vineyard. Let Nature's comfort overwhelm you with this moment of relaxation.

Light lunch at the Country House & Spa or Casa do Ancoradouro – the salads and the biologic vegetables from Herdade da Malhadinha Nova.

Detox Juiced Workshop – The Chef will teach you how to prepare Detox juices with the fruits and vegetables you selected from the garden and the orchard.

Special wine therapy bath in the room. An rejuvenating and invigorating moment awaits you.

Thematic dinner at the restaurant – Passion and refinement in perfect harmony in an unforgettable gastronomical moment.



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## Day 3

Wake up to the morning freshness. Feel the first aromas and enjoy a breakfast filled with fruits, jams and natural juices.

Guided BTT ride through the Estate's tracks. A unique experience to enjoy Nature.

Gourmet picnic at the Estate's vineyard. The details of our gourmet cuisine harmonize with one of the most beautiful landscapes of the Estate.

Check-out.

### VALUE OF THE EXPERIENCE

690 € [Experience per person in a Double Room]

790 € [Experience per person in a Suite]

[Includes] (except optional) 2 nights stay in a double room; all meals mentioned in the program; all activities mentioned in the program; Guest Experience Team; free use of the SPA (jacuzzi and Turkish bath); fruit and wine bottle in the room.

[Excludes] Every drink not mentioned on the program, during meals or otherwise.

[Confirmation and cancellation policy] On taking the program a payment of 25% of the program's full price must be made. Cancels up to 7 days before the day have no cost whatsoever. Cancels with less than 7-day notice will be charged the full cost of the program. Cancelling on the day of the start of the program, or in the case of a no show, the full cost of the program will be charged.

A NEW MALHADINHA  
REVEALS ITSELF...



Herdade da

Malhadinha Nova

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[WWW.MALHADINHANOVA.PT](http://WWW.MALHADINHANOVA.PT)

