











# Health and Wellbeing Program Love Story

"In each Love Story, there is always something that brings us Eternity and the essence of Life, because Love Stories have in them all secrets of the World."

Paulo Coelho

The passions and the call to the senses in a love story in an environment of refinement and complicity.





#### Day 1

Arrival at Herdade da Malhadinha Nova. Welcome appetizer paired with Antão Vaz da Peceguina, the autochthonous variety of Alentejo.

Safari by Jeep through the property. Get to know the biologic procedures of our viticulture team and enjoy the scenery that Alentejo provides.

Winery tour followed by a wine tasting accompanied by our Winemaking team.

Romantic dinner at the Restaurant. The passion and refinement in perfect harmony in an unforgettable gastronomical moment.



## Day 2

Hot air balloon trip through the Alentejo fields, followed by breakfast. (NOT INCLUDED)

Wake up to the morning freshness. Feel the firsts aromas and enjoy a breakfast filled with fruits, jams and natural juices.

Chariot ride through the Estate's vineyard.

Gourmet picknick at the Estate's vineyard. The details of our gourmet cuisine harmonize with one of the most beautiful landscapes of the Estate.

Traditional Cuisine Recreated Workshop with our traditional cook Vitalina Santos.

Special Winetherapy bath in the room. A relaxing and rejuvenating moment awaits you in your room.

Dinner at the restaurant. Feel the perfect combination between the refinement of our Restaurant and the passion we put into our Gourmet dishes.



# Day 3

Wake up to the morning freshness. Feel the firsts aromas and enjoy a breakfast filled with fruits, jams and natural juices.

Yoga session by the vineyard. A rejuvenating moment amid Nature.

Traditional lunch at the Country House & Spa or Casa do Ancoradouro with wine harmonization.

Relaxing Message for two. In a romantic moment take you time to relax in the Estate's Spa.

Charming dinner at the restaurant. Feel the perfect combination of our refined restaurant and the passion we put into our Gourmet dishes.

# Day 4

Breakfast – Enjoy the best combination for a great start of day.

Pastry workshop – learn to confect homemade bonbons made with a lot of love.

Light lunch based on organic products sustainably grown in the Estate.

Late check-out.



#### **VALUE OF THE EXPERIENCE**

**950 €** [Experience per person in a Double Room] **1140 €** [Experience per person in a Suite]

**[Includes]** 3 nights stay in a double room; all meals mentioned in the program; all activities mentioned in the program; Guest Experience Team; free use of the SPA (jacuzzi and Turkish bath); fruit in the room and wine bottle offered at check-out.

**[Excludes]** Every drink not mentioned on the program, during meals or otherwise.

**[Notes]** [1] – In the event that the Outdoor activities cannot be carried out due to atmospheric reasons, these will be replaced with similar experiences according to the preferences and consent of the quest.

**[Confirmation and cancellation policy]** On taking the program a payment of 25% of the program's full price must be made. Cancels up to 7 days before the day have no cost whatsoever. Cancels with less than 7-day notice will be charged the full cost of the program. Cancelling on the day of the start of the program, or in the case of a no show, the full cost of the program will be charged.

#### A NEW MALHADINHA REVEALS ITSELF...



